



Connecting Older Adults with Community-based Resources and Options

New Older Adult Service Providers in Suburban Cook County

CORRECTION 10/1/24 TO FIX METROPOLITAN FAMILY SERVICES NUMBER

AgeOptions is pleased to announce new and expanded partnerships for a variety of services for older adults in suburban Cook County. These changes are effective October 1, 2024, and include the following:

Aging and Disability Resource Network (ADRN) agencies:

If you have questions about aging or living with a disability, your ADRN can help. ADRN provides information on various programs, benefits, and services, including long-term care options to help people live in their homes.

You can call the ADRN yourself or a family member, a neighbor, a friend, or a client that you are helping. To determine which suburban Cook County ADRN agency serves you or your loved one you can click on this link- [Provider Referrals - Search \(ageoptions.org\)](https://ageoptions.org/provider-referrals).

There is an ADRN brochure which explains the services they offer attached to this document. Highlights of new grantees or new services areas are listed below:

New grantee as of 10/1/24	Township Area Served	Contact #
Metropolitan Family Services	Bloom, Calumet, and Thornton	773.692.1033
Pathlights	Bremen and Rich Townships (in addition to their original areas of Palos, Lemont, Orland, and Worth)	708.361.0219
Aging Care Connections	Proviso (in addition to their original areas of Lyons, Riverside, Norwood)	708.354.1323
Kenneth Young Center	Barrington and Wheeling (in addition to their original areas of Elk Grove and Schaumburg)	847.524.8800
Hanover Township	Hanover	630.483.5600

Caregiver Resource Centers:

Caregiver Resource Centers provide information, resources, and support for those giving unpaid care to adults over the age of sixty, those with Alzheimer's disease and related disorders, or a relative over the age of 55 raising children under 18 or giving unpaid care to adults with disabilities. Examples of services include respite, support groups, training

and education, Memory Cafes, Tailored assessments to help support the stress of caregiving, and Trualta which is an online learning platform related to caregiving. To determine the suburban Cook County Caregiver Resource Center agency, go to [Provider Referrals - Search \(ageoptions.org\)](#).

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Aging Care Connections	Proviso (in addition to their original areas of Lyons, Riverside, Leyden, Norwood)	708.354.1323
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Adult Protective Services (APS)

Agencies responsible for investigating suspected cases of abuse, neglect, financial exploitation, and self-neglect experienced by people over the age of 60 and adults aged 18-59 with a disability who resident in a domestic setting. To determine the suburban Cook County APS agency, go to [Provider Referrals - Search \(ageoptions.org\)](#).

New grantee as of 10/1/24	Township Area Served	Contact #
Metropolitan Family Services	Bloom, Calumet, Thornton, Bremen, Rich	773.692.1033
Kenneth Young Center	Hanover (in addition to their original area of Elk Grove and Schaumburg)	847.524.8800
North Shore Senior Center	Barrington, Palatine, Wheeling (in addition to their original area of Evanston, Niles, Northfield, and New Trier)	847.784.6000

Nutrition Services

AgeOptions has new grantee partners for the following programs.

The Congregate Nutrition Programs will continue at the same locations. The new partners for the listed Home Delivered Meals programs will provide meals in the assigned townships.

AgeOptions is seeking a new location for the former Calumet City site at the Bernadine Center. Clients were informed that the site is closing and provided listings for other nutrition programs.

Service Area	Congregate Meals by Suburb	Email
Arlington Heights	Meals at Home (MWNEI) 847.332.2678	
Clyde Park, Cicero	Meals at Home (MWNEI) 847.332.2678 or site: 708.652.3542	Aperez@clydeparkdistrict.org
Markham	Meals at Home (MWNEI) 847.332.2678	

Service Area	Home Delivered Meals by Township	
Maine and Wheeling	Meals at Home (MWNEI) 847.332.2678	Hdmreferrals@mealsonwheelsnei.org
Bremen and Rich	Greater Chicago Food Depository 773.648.4935 and 773.247.3663	meals@gcfd.org
Thornton	Patchwerkz Chicago 773.459.3184	Info@stajahealth.com

Other New Partners:

- CLESE (Coalition for Limited Speaking Elders) will be funded for Culturally and Linguistically Accessible Services (CLAS) for older adults who speak Polish.
- Chicago Methodist Senior Services will provide Friendly Visiting in Evanston Township
- Open Communities will provide housing assistance and education related to housing in the northern suburbs.

If you have any questions, please contact Kim McCahill or Information and Assistance at AgeOptions 708.383.0258 or go to www.ageoptions.org.